



# NEWSLETTER

8th August 2019

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[ebullybox@sjlangwarrin.catholic.edu.au](mailto:ebullybox@sjlangwarrin.catholic.edu.au)

OFFICE HOURS: 8:00am - 4:30pm

## IMPORTANT DATES

Assembly  
Aug 22nd

100 Days Prep  
Celebration  
22nd Aug

School  
Closure Day  
23rd Aug

Book Week  
Celebration  
Day  
27th Aug

Interschool  
Athletics  
Carnival  
28th Aug

Coding Club  
Tue, 8-8.30

Gardening  
Club  
Tue, Thu, Fri  
8:20-8:50

Knitting Club  
Thursday  
Lunchtime

Playgroup Wed  
9.00-11.00 am

Uniform Shop  
Monday 2:30

Nude Food  
Every day

Dear Parents,

Unfortunately Marita has been unwell this week. Thank you for your patience with changes to appointment times.

### Resilience Project:

Last night Hugh Van Cylenburg presented the Resilience Project to an engaged and enthusiastic parent group. There were over 1000 parents from the 8 cluster schools who attended the evening.

The feedback was overwhelmingly positive. Parents felt there were simple steps they could take to build happiness in themselves and their families. If you were unable to attend you may wish to learn that the Resilience Project will be running a public talk in Frankston on Tuesday 29th October. Please use the link below to purchase tickets.

<https://theresilienceproject.com.au/public-talks/>



### FIRE Carriers

This morning our FIRE Carriers were commissioned together with the FIRE Carriers from our Family School Partnerships Bunurong Cluster schools.

This is a new initiative of our Bunurong Cluster of schools. FIRE Carriers is an acronym for Friends Igniting Reconciliation through Education.

Through the Archdiocese of Melbourne the Fire Carrier initiative in schools is to promote reconciliation through education. Understanding our First Australians, their culture, history, contemporary life and their spirituality. It is about helping students to gain knowledge and understanding.

Congratulations to our Student FIRE Carriers:

Chekala B, Ariel S, James C, Titch M, Josh L, Ifra F, Choppy M, James C, Grace T, Abigail B, Luke M, Alessia M & Samantha W



### **Assembly Dates for Term 3:**

Please note that we are still working hard to schedule assemblies on fortnightly Thursday mornings at 8:45am. Due to a clash with mass to celebrate the Feast of the Assumption, we have had to move the assembly for SS.

Assemblies will be on the following dates for the remainder of this term:

- Week 6: Thursday 22nd August - Foundation 100 Days of School
- Week 7: Thursday 29th August - SS
- Week 9: Thursday 12th September - Leadership

### **Working Bee:**

Please note that the working Bee for this Saturday has been postponed. We will schedule a new date and let you know.

### **Father's Day Breakfast;**

Our annual Father's Day Breakfast will be on Wednesday 28th August from 7:30-8:30am. Please mark this date in your calendar. More information will be coming home to you soon!

Thanks and have a great fortnight,

*Annette*



### **Mini Vinnies Cake Stall**

Next Friday, 16/8/19, the Mini Vinnies team will be holding a cake stall to raise money to buy ingredients for our Christmas bake-off. Please support this cake stall so that in the long run, we will have plenty of Christmas treats to include in the Vinnies Christmas hampers for the needy in our community. Many thanks!



Dear Parents,

From the R.E.C.- Mrs. Judi Essing  
jessing@sjlangwarrin.catholic.edu.au

Gospel: (Luke 12:32-48)

(11/8/19)

Gospel Challenge: *Do you know what the Master wants but have difficulty carrying it out?*



Last Wednesday night, our Year 6 students received the Sacrament of Confirmation. After endless singing practices and rehearsals in the Church, the candidates, their sponsors, their family members and staff, all participated in a very moving, reverent celebration with **Father Brendan Hayes EV** and **Father Martin**. They entered the Church in semi darkness – the only light being given off was that from the 27 Confirmation candles that the children received at assembly last Thursday. This sombre entrance, with the children singing a mantra, '*Prayer of Trust*' set the scene for a beautiful celebration. The children were a credit to themselves, their families and St. Jude's. Congratulations!

Preparations for the Sacrament of Confirmation began weeks ago. The Year 6 staff began the children's preparation for this Sacrament early in the year. Thank-you to the staff involved – **Maria Ramos, Steve Robinson and Eliza Tatham**. You all did a wonderful job with the children's preparation and **Fr Hayes** was extremely pleased with their understanding of Confirmation. When questioned, the children were able to answer him with knowledge about their chosen Saint and he was impressed with the range of relevant questions that the children had.

My next thank-you is extended to **Cathie McArthur** who led the children with the singing. How lucky we are to have such a dedicated person on our staff who manages to transfer her love of music and song into our children so as they participated to their fullest last Wednesday night. Not only did Cathie work with the Year 6 children but she also gave up many lunchtimes/free days to work with our beautiful choir. Thank-you to those children who helped to make the celebration such a lovely one. **Bernice Donato** helped out to work the computer. **Christine Martin and Aaron Fernandez** greeted parents and visitors to the ceremony. **Sue Tobin** helped clear/tidy the Church after the ceremony. Thank-you all!

I mentioned earlier that the candidates received their Confirmation candles at assembly last week. A BIG thank-you is now extended to **Andrea Wanke and Janet Edwards** for helping me get another new Confirmation design onto the candles. I thank our precious 'Office angels' for persevering with my dream. The candles looked

amazing! The angels also searched high and low for the cover paper for the booklets and then printed them off. Thank - you!

Thank-you to **Father Martin** for accepting the planning for our ceremony and assisting Bishop Elliott with the ceremony. To all our staff members who helped out with numerous jobs, thank-you! I know that last week was a stressful time for many people but thank-you for helping me and for being so generous with your offerings of free time. I really did appreciate everything you all did for me. To **Anita Hughes** who designed and prepared the beautiful stoles for our candidates, thank -you! To the wonderful ladies from our Parish for preparing the Church and the altar - thank-you! And if I have sadly forgotten anyone, please forgive me but THANK-YOU!

Lastly, I would like to thank-you, **the parents**, for the part you played in preparing your son or daughter to receive this Sacrament. A child's faith journey started with you many years ago and we are working with you on this journey. Let us all remember that it doesn't stop now. These young adults still need us all and I hope that we are all there for them as they continue to grow and mature and face the many hurdles that life throws at them.



Dates for Term 3:

- 1) Feast of the Assumption – Thursday, 15<sup>th</sup> August, 2019: 10.00 am (Prepared by MF & JD)
- 2) Father's Day – Sunday, 1<sup>st</sup> September, 2019

Have a wonderful week!

## Foundations 100 Day Celebration



100 days of Foundation marks the children's 100th day at school and it is right around the corner. It will be held on **Thursday 22nd August**. The Foundation children will have the whole day dedicated to the celebration and the rest of the

classes also get involved in the event. From **8.45am to 9.30am** we will have our class assembly in the school hall.

## Resilience Project - Parent Night

Due to the overwhelming popularity of the Parent Night, The Resilience project will be running a public talk in Frankston on the 29th of October. Tickets can be purchased using the link below:

<https://theresilienceproject.com.au/public-talks/>

## Lego!



**LEGO NEEDED**  
The Library is seeking donations of loose Lego to use in book reflection activities. If you have any to donate please take it to the office or give to Mrs Spakman on Monday mornings before school. Thank you!

## School Fees

A friendly reminder that all school accounts MUST be finalised by the end of Term 3 - Friday 20th September - unless a financial arrangement has been previously agreed to by Principal Marita O'Sullivan. Please call the office to arrange a meeting with Marita and Melanie should you be unable to meet this commitment. Thank you.

## Student Information – Medical Details Update Reminder

It is important that you notify the school immediately in writing, if your child has recently been diagnosed with a medical condition - allergy, asthma, or food intolerance etc. Please also ensure CareMonkey is up to date at all times.

It is also important that you inform the school of any change of address, home or work contact number or if family arrangements have changed – ie change of custody details etc.

## Baby News



A big congratulations to Casey & Ryan (Andre JTH) on the arrival of a baby girl, Lola.

## Father's Day Stall



Our Annual Father's Day Stall will be held on Thursday the 29th of August 2019.

The stall gives the children within the school the opportunity to come and shop for a special gift for Dad or Someone Special, during school

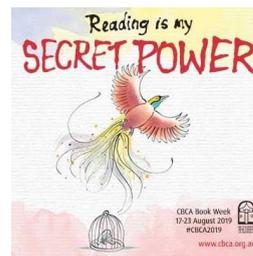
hours.

We have a fantastic variety of gifts this year ranging between \$2 & \$7. We ask you to provide your child with the maximum amount of \$20. Could you also provide your child with a bag to bring their special gifts home.

Happy Shopping Sonia & Michaela



## Celebrate Book Week!



On Tuesday 27th August students will celebrate Book Week by participating in a Book Celebration Day. Students are encouraged to dress up as a character from a book and parents will be invited to attend a special assembly from

8.50am-9.30am. After the assembly, students will enjoy a day of activities around the Book Week theme 'Reading is my Secret Power' which will include an immersive incursion 'Gallery for a Day' where students will become art detectives and view original artworks from various famous Australian picture books. Visit Mrs Spakman in the Library with any questions.

## Foundation Interviews

2020 Foundation Interviews have commenced and School Tours continue in Term 3. To enable us to plan effectively for 2020, parents wishing to enrol their children at St Jude's Primary should return their enrolment forms to the office this term. Further tours and enrolment information for prospective parents can be arranged by contacting the school office.

## Cake Stall

The Cake stall for SS has been moved to 13th September, please support them by buying their lovely baked goods after School under the pergola.



# Tree Planting Day 2019

Last Friday a number of our ELF students participated in our annual Tree Planting Day. This is a wonderful opportunity for our students to gain hands on knowledge learning about our native grasses, shrubs and trees and enhancing biodiversity within our school grounds.

Planet Ark in conjunction with Frankston Indigenous Nursery provided us with 50 plants. These were planted around our school, in particular in front of our library and a garden bed on the pathway leading out of the school.

The students learnt to dig wide and deep holes to provide space for their plantings and wells for the watering of the plants. They were very excited to be outside in the fresh air learning and having fun at the same time.

I would like to thank the ELF students who helped Mrs Taylor and myself on that day.

Mrs Pepi and Mrs Taylor



# A message from our school crossing supervisors

Firstly, thank-you for your patience with us, the traffic congestion and the parking, we know it can be frustrating. We just wanted to share some friendly reminders towards keeping our school community safe.

## **CROSS AT THE CROSSINGS!**

The number of people crossing at and random places is ever increasing, we understand it's convenient but not only do these actions interrupt the traffic more importantly it sets a bad example not just for your own children but the other students who are watching.

Please make the effort to cross at the crossings!

## **USING THE CROSSINGS**

Wait behind the yellow line until we blow the whistle twice

Walk straight across in-between the white lines

NO: running, bouncing balls, riding bikes/scooters, cutting corners (stay in the white lines)

## **FOR DRIVERS**

**Travel at the 40 km speed limit**

Come to a complete stop at the thick white line

Do Not use the 'No standing' zones for parking or a quick drop-off/pick up

Do Not double park and have passengers jump in/out while traffic is stationary

Avoid stopping across the crossings

## **KISS & GO ZONE**

This area is for **QUICK** drop-offs and pick-ups

PLEASE DO NOT get out of your car for goodbyes or collections

U-Turns are not permitted

PLEASE DO NOT wait for a space to be available

PLEASE DO NOT block traffic

On rainy days we ask for extra patience and vigilance. There will be more traffic and we will have to stop the traffic more often as we don't want the students getting too wet waiting. It's a good idea to add some extra travel time.

A big Thank-you for the smiles, waves and little chats as you drive/walk by we appreciate them :-). We thoroughly enjoy being a part of the school community and do our best to create a welcoming and positive vibe for the start and end of each school day - because that is what you create for us!

Thank you



# St Jude's Flames Basketball News



## St Jude's Basketball Winter Season

Saturday July 27th & August 3rd

[stjudesflames@gmail.com](mailto:stjudesflames@gmail.com)

# SAVE THE DATE - FRIDAY 6TH SEPTEMBER IS PRESENTATION NIGHT

### U8 Mixed

#### **Under 8's Mixed (19) vs Bobcats (18)**

Wow, what a heart stopping finish! After having a handy lead for a lot of the game, the Bobcats came back in the second half with a string of points, and lead by 1 point with a couple of minutes to go. To our credit, we kept our composure and Thomas came through with the goods, shooting 2 points with only seconds to go 🙌🏻 So proud of this team! A big thank you to our supporters on the sideline who definitely helped to cheer us to victory! Go Flames 🏀 😊  
Ash 9, Thomas 8, Andre 2

### U12 Girls

#### **St Judes 28 vs Bobcats 12**

Congratulations girls on a sensational match. Great watching you all grow as a team and applying the skills you are practicing in training. Your strong defence and passing skills guaranteed the win. Well done!!!  
Thanks Ken and Pete for coaching and Kirsty for scoring. Erica 18, Ruby 6, Jayda 2, Zahra 2.

### Under 10 Boys

#### **U10 boys 34 vs Lazer Racers 8**

A convincing win by the boys with fantastic sportsmanship shown to each other and the opposition. The boys worked together as a team, all getting scores on the board. Thank you to Rachael for coaching and the Lee family for scoring.  
Ollie R 6, Ethan 6, Mac 6, Ollie B 2, Jack 10, Beau 2, Hunter 2

#### **U10 boys 15 vs Rowellyn 8**

A rough game today but the boys kept their cool and focused on playing the game. A low scoring game at half time 5 vs 4, the boys found their groove to broaden the gap and bring home a win.  
Thank you to Rachael and Melissa for coaching and the Hutchins family for scoring. Hunter 2, Jack 7, Mac 2, Ollie R 4

### U12 Boys Gold

#### **U12B Gold 24 v Laker 76ers 24**

We may have drawn but you won the integrity game hands down boys. It was rough and tough the whole way through and you did get a bit frazzled at times but you kept your game clean as always. Thanks to Annette for coaching and trying to keep their heads in the game, and to Tash for scoring and oranges. Nate 2, Archer 2, Zac 8, Josh 10, Ashton 2

#### **U12B Gold 14 v Lazer Force 18**

Today was another really tough game, very physical and we were just a bit off. Lots of work to do at practice but our boys should hold their heads up as they have it a good go. Thanks to Annette for coaching and Ben for scoring.

Zac 9, Josh 2, Archer 2, Nate 1

# Community Information

## SCIENCE IN THE PARK

**SUNDAY 11 AUGUST 2019**  
10AM-4PM

Coolart Wetlands and Homestead  
Lord Somers Road, Somers VIC 3927

Free hands-on science activities for all ages to celebrate National Science Week

**Q&A WITH NASA SCIENTIST, DARLENE LIM**

Renowned NASA geobiologist Dr Darlene Lim will talk about her research in extreme earth environments and participate in a live Q&A. Dr Lim leads several research programs focused on blending field science research with the development of capabilities and concepts for future human spaceflight into deep space and Mars.

**ART-SCIENCE EXHIBITION**

The 'Mission Control' exhibition will run at the Coolart Homestead, featuring artworks from research students at Swinburne's Centre for Astrophysics and Supercomputing, and artists from Mount Burnett Observatory.

**ECO TOURS AND HANDS-ON SCIENCE ACTIVITIES**

A number of local science organisations will be there too - including Parks Victoria, EPA Victoria and Birdlife Mornington Peninsula - sharing information on their latest projects.

**FREE SHUTTLE BUS (NEW!)**

A free shuttle bus will run throughout the day to take visitors to and from their cars in the Somers area.

It's certainly a day for all nature enthusiasts, young and old.

→ [SWI.NU/NATSCIWK2019](http://SWI.NU/NATSCIWK2019)




TRINITY KIDS TERM 3

## PROGRAMS START NEXT WEEK

In-Betweens and Tweens!

Places available in Langwarrin locations

Visit our website to book!  
[trinitykids.com.au](http://trinitykids.com.au)  
Or call us on 0437 331 308



Bring out the best in your child with singing.



Enrolments for the Australian Youth Choir are now open to boys and girls from 7 years.



An opportunity to develop singing, build confidence and make new friends.

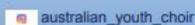


Weekly rehearsals during school term, workshops and concerts.

**TRY-OUT NOW**  
1300 761 039

Take your child's singing from the shower to the stage!

Visit our website [www.niypaa.com.au](http://www.niypaa.com.au)



The Australian Youth Choir is a division of National Institute of Youth Performing Arts Australian (NIYPAA) ABN 28 007 134 629

parenting\*ideas

### The Anxious Kids Seminar is coming to the Mornington Peninsula

Society is in the grip of an anxiety epidemic. One in fourteen kids are diagnosed with an anxiety disorder, and many more go unmet. Parents and teachers play a critical role in helping kids to recognise and manage their anxious feelings.

Parenting expert, award-winning speaker and author of 11 books Michael Grose, together with wellbeing expert and researcher Dr. Jodi Richardson will be touring across Australia and New Zealand to present their evidence-based approach to managing kids' anxiety. Here they will speak about the tools and strategies for helping children outlined in their recently released and highly acclaimed book Anxious Kids.

This is your chance to hear from the authors of the acclaimed book Anxious Kids, in a skills-rich seminar full of actionable steps and take-home ideas.

### Anxious Kids Seminar Tour

Date  
**Thursday**  
**1 August 2019**

Time  
**7pm - 9pm**

Location  
**Rosebud Secondary College,**  
**245 Eastbourne Rd, Rosebud**

Ticket  
**\$29.50**

#### Who is this seminar for?

The seminar is ideal for parents, carers, teachers and other professionals who work with children.

You can learn:

- The origins of anxiety and how it impacts on children and teens
- How to respond constructively when a child or teen is anxious
- Tools to teach kids to help regulate their anxiety
- The lifestyle factors you can enhance to minimise anxiety
- Why avoidance of anxiety-inducing events is not the answer and what to do instead
- How to create a wellbeing plan for your child or young person



#### About the Presenters

Michael Grose and Dr. Jodi Richardson are co-authors of the highly-acclaimed new book Anxious Kids: How children can turn their anxiety into resilience.

Michael Grose is one of Australia's leading parenting and educational writers and speakers. Michael supports schools across Australia and internationally to build strong partnerships with their parent communities.

Dr Jodi Richardson is an expert on anxiety, through extensive studies and personal experience. She has spent more than 25 years in the field of health, wellbeing, clinical practice, elite sport and education.

To secure your tickets today, visit:  
[www.parentingideas.com.au/anxious-kids-seminar-tour](http://www.parentingideas.com.au/anxious-kids-seminar-tour)



**MODERN INDIAN Restaurant**

*Feel the difference*  
Brand New Indian Street Food  
@ Karlingal Hub Shopping Center - Food Court

**Coupon \$10 OFF**

Specialize in classic Indian cuisine  
Vegan lunch  
Curries and Snacks  
Phone: 0401 857038  
Catering available for all occasions



**Over 50?**

**Get your free breast screen**

The BreastScreen Victoria van is coming to Frankston.



For women aged **50 to 74**, breast screens are the best way to find breast cancer early, when treatment is most successful.

-  Free
-  Takes 10 minutes
-  No doctor's referral or Medicare card
-  With a female radiographer
-  Women over 50 years old

The van will be at **81 Young St, Frankston** (car park next to Young St Medical and Dental Centre)

**5 to 16 August 2019**

Book at [breastscreen.org.au](http://breastscreen.org.au) or call **13 20 50**

 For interpreter assistance call 13 14 50 TTY 13 36 77  BreastScreen Victoria 

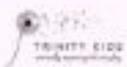
TRINITY KIDS TERM 3

**PROGRAMS START NEXT WEEK**

In-Betweens and Tweens!

Places available in Longwarrin locations

Visit our website to book!  
[trinitykids.com.au](http://trinitykids.com.au)  
Or call us on 0437 531 308





**Come 'n' Try Softball**

**SATURDAY SEPT 7TH & 14TH**  
10am - 12pm

At Robinsons Park Sports Pavilion, 97 Robinsons Road, Frankston VIC 3199

**Free come and try for boys and girls aged 10+ and adults**

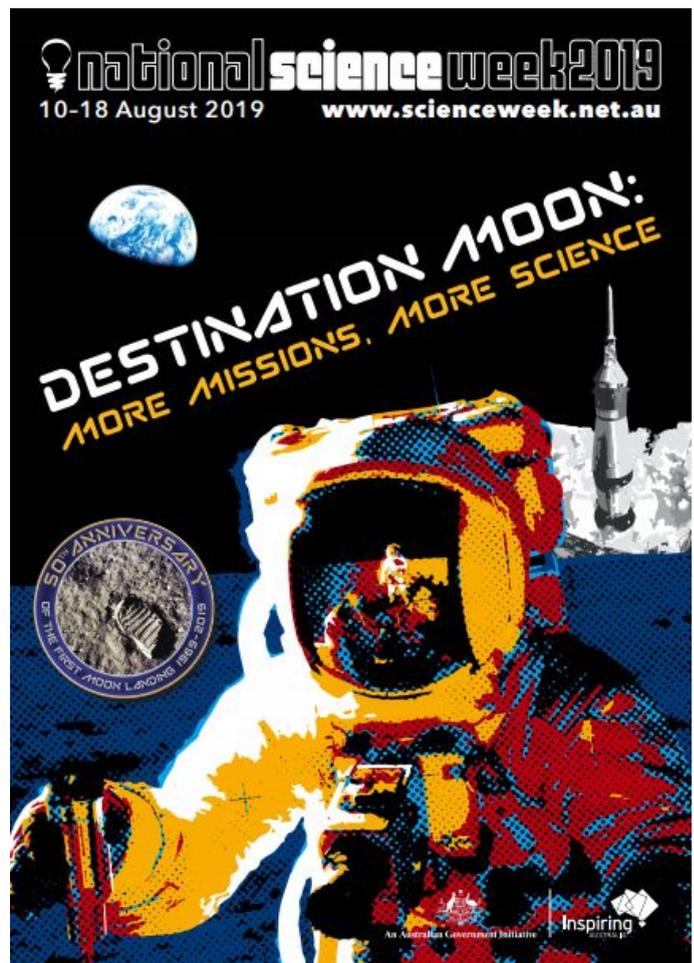
Softball is a great summer sport for kids and adults looking to compete in a fun, safe and positive atmosphere. Bring a friend and join us for one of our Come'n'Try Softball Days and have a go at batting, pitching and fielding. Great Family Player discounts. All equipment provided - just show up ready to have fun!

U12 MIXED | U15 GIRLS & BOYS | U17 GIRLS & BOYS | SENIOR MENS & WOMENS

Find out more at [facebook.com/frankstonsoftball](https://facebook.com/frankstonsoftball) or email [frankstonsoftball@hotmail.com](mailto:frankstonsoftball@hotmail.com) or call Sharon on 0438 814 813

**national science week 2019**  
10-18 August 2019 [www.scienceweek.net.au](http://www.scienceweek.net.au)

**DESTINATION MOON:**  
MORE MISSIONS. MORE SCIENCE



50th Anniversary of the first Moon Landing 1969-2019

An Australian Government Initiative 